

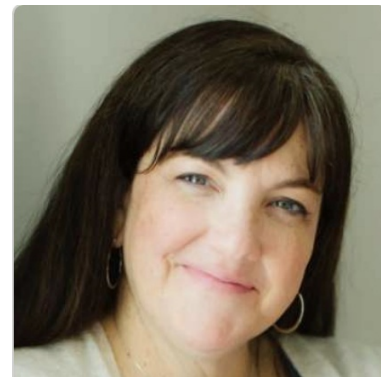


FEBRUARY 2025 NEWSLETTER

www.traumainformedutah.org

TIU Welcomes a New Staff Member

We are excited to welcome Keri Jones-Fonnesback to the TIU team as Program Director. Keri has supported TIU's mission as a member of the Board of Directors, and we are very privileged to now benefit from her knowledge and experience in a staff capacity. Keri brings over 20 years of experience working with the YWCA, both locally and nationally. Additionally, she is a sought-after trainer and consultant with organizations across the country in implementing trauma-informed systems for staff and clients alike. Keri shared, "As a deep believer and practitioner of this work, I'm thrilled to join Trauma-Informed Utah! Training individuals and impacting systems for the better is my greatest passion, and I look forward to working alongside all of you as we impact our families, organizations, and communities for the better."



[Read Keri's full bio here...](#)

Partner Spotlight - YWCA of Utah



Trauma-Informed Utah is moving in and moving up in partnership with YWCA Utah! After years of diligent virtual work, TIU will have a physical office space with the YWCA Utah's Salt Lake Area Family Justice Center. The center provides free and confidential services for survivors of domestic violence, sexual assault, stalking, and elder abuse by providing

critical referrals to community and co-located partners. The goal of the Family Justice Center is to reduce domestic violence by connecting individuals to services and educating survivors about their rights. The Salt Lake Area Family Justice Center at YWCA is an innovative, collaborative model to address family violence that builds on strong existing collaborations among governmental and private nonprofit service providers to co-locate victim-centered domestic violence services in one accessible location. The center opened

its doors in 2007 and serves survivors throughout Salt Lake County 5 days a week.

As part of this partner community, TIU will offer open office hours for organizations to get insight and support around trauma-informed approaches. We are excited for the opportunity to engage so closely with partners doing such wonderful work and to be able to see our staff in person a little more often!

[Learn more here...](#)



February 25th - Trauma Awareness Seminar

Robert G. Sanderson Community Center of the Deaf and Hard of Hearing
5709 South 1500 West
Salt Lake City, UT 84123

8:30 AM to 12:30 PM

[Register Here!](#)

If you are part of an organization in our current cohort, please reach out to info@tiutah.org for additional registration information.

Supporting Trauma-Informed Culture in Time Off Practices

As winter comes into full swing, so does flu season. Some public health experts are calling this season a “quademic” as hospitals have seen a rise in cases of flu, COVID-19, RSV, and norovirus. For employers shifting toward trauma-informed work cultures, flu season is an opportunity to examine sick leave policy and staff support through a trauma-informed lens. Trauma and Adverse Childhood experiences can impact an individual’s immune system, lowering their immune response and making them more susceptible to sickness.



Creating trauma-informed paid time off (PTO) policies can help all employees and their families. These policies may include flexible work schedules, paid sick leave, and healthcare coverage. It might include providing personal protective equipment and resources for mental health and wellness. Comprehensive PTO policies and a workplace culture promoting employee wellness can help individuals and families navigate whatever illness comes their way!

[Read more here](#)

Black History Month



February's Black History Month is a time to recognize and celebrate the monumental impact and contributions of Black Americans and Black culture throughout history. The celebration of Black History Month cannot be divided from the history of violence, oppression, and ongoing racial harm that has caused primary, generational, and historical trauma in the Black community. This month can be a time of grief, healing, and hope. Listening to and validating the experiences of racism and hardship, learning about Black Americans' lives and contributions, engaging with Black voices' art and media, and advocating for individual and systemic equality are all avenues of honoring Black history this and every month.

[To learn more...](#)

In the News: Staff Turnover & Trauma-Informed Leadership

Staff turnover leads to significant time loss and higher expenses for hiring and training new employees. Additionally, it disrupts team cohesion and places a heavier workload on the remaining team members. A recent article contains valuable insights into reducing staff turnover by improving workplace culture. Gain valuable insights on boosting employee engagement, fostering psychological safety, and more. For support in taking these steps, reach out to TIU. We have ideas and resources to help you with this process!



[Read more here](#)

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Trauma-Informed Utah is a 501(c)(3) nonprofit which exists, in part, due to our generous supporters! Join the effort and support trauma-informed efforts in Utah!

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